



Revised: July 27th, 2021

Tribe Family Members,

As disclosed at the bottom of this document there will be additions and changes to our policies as the pandemic continues to develop. There are differences in national, state, and local guidelines/prevention procedures, most of which have not been updated in months. With that being said, I have added some more details on procedures, and circumstances/procedures for “exposure.” Exposure being the big one that is treated differently throughout the state, from health departments, and doctor’s offices, all with varying policies. Our policies below are an accumulation of CDC and local guidelines, experiences from the last wave, and a hopeful balance of keeping everyone healthy, while keeping our doors open. We ask for your continued support as we press through the chaos and make the best decisions possible for the health and safety of everyone at ACE of Auburn. We will continue to monitor and follow the development of the disease, along with updated national, state and local guidelines.

Thank you all again for your continued support as we navigate through these tough and uncertain times. We look forward to continuing serving the Auburn/Opelika community and all of our athletes from central Alabama, with the best training, and safest environment we can provide. Let’s get through this together as a Tribe.

Respectfully,

Josh Olson
ACE of Auburn
Owner



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COVID-19 Procedures and Precautions

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- ACE of Auburn is constantly working to keep our athletes, parents, and staff safe and healthy. We clean daily both upon opening the gym and closing every night; wiping down all touchable surfaces with disinfecting wipes or spray, along with an air solution that disinfects large areas (Lysol when it's available, otherwise we use similar brands/solutions). We wipe all training mats used in the previous class down with our disinfecting solution, in between each class. Of course, other house cleaning items such as vacuuming, dusting, etc. are done weekly or bi-weekly depending on gym traffic.
- Upon arrival to the gym, we ask that you immediately hand sanitize utilizing our sanitizer provided to the immediate left of the entrance door. Then, walk to the desk for a temperature check, as well as checking in for your class or team. Anyone with a 100.4 temperature or higher will be asked to go home. **Parents/guardians, please do not leave until after your athlete has had their temperature checked, we will send your athlete to the door to give a thumbs up if no fever, or back out to your vehicle to head home if fever of 100.4 or higher.** We provide make-up tumbling classes (team practices, stunt classes, and Jump and Flex cannot be made-up) at the end of each session. If the make-up falls within a week of the case occurring, we will provide additional make-ups, or allow these to be made up in the next session. Please understand we will not be able to accommodate everyone and every situation, especially during these unpredictable times.
- Masks are optional for coaches and athletes. We ask that if your athlete is wearing a mask, especially when actively participating in tumbling or stunting, that it has a good fit and stays on snug. We also ask that if they are wearing one to wear it Fully and not as a chin strap. These can be physically dangerous and distracting when not being worn and/or fitted correctly.
- **Exposure** There are two types of exposure according to the CDC and local health departments. Definitions and policies for each are listed below.
 1. High-Risk Exposure:
 - You have had high risk exposure if you have been around an infected person less than 6 feet distance and more than 15 minutes of exposure. You are also high risk if you have had household exposure. (Household exposure is the highest risk exposure).
 - **In the event an athlete is “Exposed”, and it is deemed “High Risk”** please notify ACE of Auburn Admin staff at acecheerauburn@gmail.com.



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- **If your athlete has experienced “high risk exposure” they may return to the gym when:**
 - 10 days symptom free, no test required
 - OR -
 - 7 days symptom free with a negative COVID test. Please email a picture of the negative test result and wait until day 5 of being symptom free before taking test.

2. Secondary Exposure:

- Secondary exposure is when a person has had close contact exposure to someone who was in a “high-risk” exposure situation. *Example: Sally and Bill went to the movies on Friday. Both can drive so they met at the theatre. Sally’s mom tests positive for Covid on Saturday. Bill has experienced “secondary exposure,” whereas Sally has experience “high-risk exposure.”* If you have experienced secondary exposure self-quarantine is not necessary. You should monitor for symptoms, practice good hygiene, and if the person you were in close contact with tests positive, get tested and follow the “high-risk exposure” policies.
- **All-Stars** We will make the best decision on cancelling practices if necessary, on a case-by-case agenda. We will Not cancel an entire team’s practice due to “Exposure.” We will follow each of those policies above. In the event an athlete tests positive within 24 hours of being in the gym, that team will be notified immediately. We are not medical professionals or primary care providers, so it is out of our legal realm to disclose the identity of the athlete(s), so please don’t ask. In the Event of a Cancellation due to “acts of god” (weather or sickness), we will not be able to make-up those practices.

***** This document is subject to additions and/or eliminations of procedures as we continue to navigate through the Covid-19 Pandemic. *****