



## All-Star Tryout Information

*ACE Cheer Company, LLC, strives to help each member reach or exceed their potential as an athlete and as a person. Our program is intended to teach goal setting, personal commitment, accountability, teamwork and leadership qualities that will last a lifetime.*

Please use the General All-Star Information, Practice & Competition Information and Contract & Financial handbooks to understand the ACE Cheer Company competitive cheerleading program and the policies and procedures that are put in place for your family. We encourage each family to take the time to review the rules, policies and procedures with their athlete. This will ensure that the athlete and their families fully understand the expectations that will be put into place regarding individual and team commitments. ACE Cheer Company focuses tremendous effort into open communication with athletes and parents alike; therefore, understanding the Handbook in its entirety is of utmost importance. As we enter our 23 season, ACE Cheer Company is looking forward to another amazing year with our athletes and excited to welcome all of our new members into the Tribe family.

### Administrative Staff Contact Information

<u>Name</u>	<u>Title</u>	<u>Phone</u>	<u>Email</u>
Happy Hooper	ACE Cheer Company Owner	205-447-4275	tribecoach@aol.com
Erica Stephens	ACE Cheer Company of Ms Gulf Coast	601-270-8333	ericastephens@acetribe.com
Kayla Stone	ACE Cheer Company of Ms Gulf Coast	601-606-9866	kaylastone@acetribe.com
Brandon Prince	Varsity Sales Rep	205-292-0674	bprince@varsity.com

## Financial Obligations

Cost	Tiny Novice	Prep	National Prep	Elite/International
Monthly Cost Due 1st of Each Month	114	160	170	204

Additional Fees	Tiny Novice	Prep	National Prep	Elite/International
Registration Fee due at time of registering	30	30	30	30
Practice Clothes & Shoes Due June 1st	150	150	150	200
1st Uniform Payment Due July 1st ( New athletes only)	75	155	155	190
2nd Uniform Payment August 1st ( New athletes only) and BOW	110	155	155	195
Warm-Up Suit Due September 1st- novice and prep (jacket only)	60	60	60	100
MTT Fee	60	60	60	60
Skills Camp-	35	35	35	35
Banquet Fee	40	40	40	40

Itemized Cost (All Included)	Tiny Novice	Prep	National Prep	Elite/International
Competition/Coaches' Fee	x	x	x	x
Tuition	x	x	x	x
Music	x	x	x	x
Choreography	x	x	x	x
Discounts				
School cheer team athletes that train with ACE Discount	Free Allstar Tuition. *The School Team must train at ACE for the entire season for a discount.			
Pay in Full Discount	\$200 OFF * <i>Your total balance must be paid in full to receive this discount.</i>			

**PLEASE NOTE: If an athlete is removed or quits an ACE Cheer Company (Site) team at any point, you will continue to be responsible for fees in full. These fees are to be paid in accordance with the assigned payment schedule and will be. You will not receive any items paid for if you quit prior to their arrival**

## Team Types

### ALL-STAR TEAM TYPES & INFORMATION

Categories	Tiny Novice	Prep	National Prep	Elite
Time Commitment	11 Months June Through April	11 Months June Through April	11 Months June Through April	11 Months June Through April
Weekly Practice Hours	1 Hour	2 Hours	3 Hours	4 Hours
Weekly Time Commitment	1 Day 1 Hour	1 Day 2 Hours	2 Days 1.5 Hours	2 Days 2 Hours
Classes	1 Tumbling Class	1 Tumbling Class	1 Tumbling Class	1 Tumbling Class
Shoes	Included	Included	Included	Included
Practice Clothes	included	Included -	Included -	Included -
Competition Uniform	Included	Included	Included	Included
Warmup Suit	Included- jacket only	Included- jacket only	Included- jacket only	Included
Competition Travel	Regional	Regional	Regional	Regional
Post Season Event April / May	None	None	Bid Events	Bid Events

## Tumbling Skill List

### Tiny Novice & Prep Teams - NO SKILLS REQUIRED

#### National Prep Level 1

Standing Tumbling	Cartwheel, Roundoff, Back Bend Kick Over, Back walkover, Front walkover preferred
Running Tumbling	Cartwheel & Back walkover

#### Elite Level 2

Standing Tumbling	Back Handspring, Back walkover Back handspring, Back handspring BWO Back handspring
Running Tumbling	Round off 3 Back handsprings, Front walkover/Round off 2 Back handspring

#### Elite Level 3

Standing Tumbling	Toe Touch Standing 2 Back handsprings, Standing 3 Back handsprings, BHS Toe Touch 2 BHS
Running Tumbling	Round off Back handspring Tuck, Round off Tuck, Aerial or Punch Front

**Competitions and Calendar 2022 -2023**

<b>Competition</b>	<b>Venue</b>	<b>Location</b>	<b>Date</b>	<b>Tiny Novice</b>	<b>Prep Teams</b>	<b>National Prep Teams</b>	<b>National Teams</b>	
Meet The Tribe	BJCC	Birmingham, AL	Nov	✓	✓	✓	✓	
Bulldog Bash		MGCCC	Nov	✓	✓	✓	✓	
Gulf Coast Meet The Tribe		ACE GC	Dec	✓	✓	✓	✓	
Magnolia- Varsity		Jackson, Ms	Dec				✓	
All Out Championship		Biloxi	Jan	✓	✓	✓	✓	
Deep South		Jackson, Ms	Feb	✓	✓	✓	✓	
Deep South		Biloxi, Ms	Feb	✓	✓	✓	✓	
			Feb				✓	
Deep South		Mobile, Al	March	✓	✓	✓	✓	
Beach Nationals/athletic championships		OB, AL or fort walton	April	✓	✓	✓	✓	

MAY							ACE MS GULF COAST CALENDAR 2022-2023							NOVEMBER								
Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat		
1	2	3	4	5	6	7	All Star Signing Day and Evals	May 15			1	2	3	4	5							
8	9	10	11	12	13	14	Athlete Evaluations	May 16-27	6	7	8	9	10	11	12	13	14	15	16	17	18	19
15	16	17	18	19	20	21	Team Announcements	May 31	20	21	22	23	24	25	26	27	28	29	30			
22	23	24	25	26	27	28	Summer Practice Begins	June 6														
29	30	31					Gym Closed	July 1-6														
JUNE							ACE Skills Camp	July 16-17	DECEMBER													
							Summer Schedule Ends	July 26														
Sun	Mon	Tue	Wed	Thur	Fri	Sat	Lamar County School Starts	July 21	Sun	Mon	Tue	Wed	Thur	Fri	Sat							
			1	2	3	4	Stone County starts school	August 3					1	2	3							
5	6	7	8	9	10	11	School Year Schedule Begins	August 8	4	5	6	7	8	9	10							
12	13	14	15	16	17	18	Gym Closed for Labor Day	September 3-5	11	12	13	14	15	16	17							
19	20	21	22	23	24	25	Gym Closed	October 27	18	19	20	21	22	23	24							
26	27	28	29	30			ACE GC Showcase	October 30	25	26	27	28	29	30	31							
JULY							Bulldog Bash	TBA	JANUARY													
Sun	Mon	Tue	Wed	Thur	Fri	Sat	Meet The Tribe	November 6	Sun	Mon	Tue	Wed	Thur	Fri	Sat							
					1	2			1	2	3	4	5	6	7							
3	4	5	6	7	8	8	Gym Closed- Thanksgiving	November 21-26	8	9	10	11	12	13	14							
10	11	12	13	14	15	16	Gym Closed-Christmas	December 23-January 6	15	16	17	18	19	20	21							
17	18	19	20	21	22	23			22	23	24	25	26	27	28							
24	25	26	27	28	29	30	Spring Break-Gym Closed	March 20-24	29	30	31											
31																						
AUGUST									FEBRUARY													
Sun	Mon	Tue	Wed	Thur	Fri	Sat			Sun	Mon	Tue	Wed	Thur	Fri	Sat							
	1	2	3	4	5	6						1	2	3	4							
7	8	9	10	11	12	13			5	6	7	8	9	10	11							
14	15	16	17	18	19	20			12	13	14	15	16	17	18							
21	22	23	24	25	26	27			19	20	21	22	23	24	25							
28	29	30	31						26	27	28											
SEPTEMBER									MARCH													
Sun	Mon	Tue	Wed	Thur	Fri	Sat			Sun	Mon	Tue	Wed	Thur	Fri	Sat							
				1	2	3						1	2	3	4							
4	5	6	7	8	9	10			5	6	7	8	9	10	11							
11	12	13	14	15	16	17			12	13	14	15	16	17	18							
18	19	20	21	22	23	24			19	20	21	22	23	24	25							
25	26	27	28	29	30				26	27	28	29	30	31								
OCTOBER									APRIL													
Sun	Mon	Tue	Wed	Thur	Fri	Sat			Sun	Mon	Tue	Wed	Thur	Fri	Sat							
						1									1							
2	3	4	5	6	7	8			2	3	4	5	6	7	8							
9	10	11	12	13	14	15	End of Year Performance	May 4	9	10	11	12	13	14	15							
16	17	18	19	20	21	22			16	17	18	19	20	21	22							
23	24	25	26	27	28	29			23	24	25	26	27	28	29							
30	31								30													
Calendar Key																						
Competitions, Events & Performances																						
Extra Practice																						
Gym Closings																						
Choreography																						

## Competition & Camp Information

### Understanding Competition Schedules

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- ACE Cheer Company will compile a schedule and detailed memo for each event. You can expect these documents by the Monday prior to the event. Although providing the schedule, schedules may adjust and change up to the day of the event, and ACE has no responsibility or liability for any such change.
- ACE Cheer Company schedules will include the following information:
  - Meet
    - Athletes should be competition ready, inside the competition venue, at the designated check-in spot provided by the Coach.
  - Warm-Up
    - This is the time that the team will begin their backstage warm-up.
  - Perform
    - This is the time that the team will take the competition floor.
  - Awards
    - This is the time that the award ceremony will begin. The coach will provide information regarding a meeting place prior to awards.
  - Release Time
    - This is the general time that the athletes will be released to their parents.

### Parent Travel Obligations

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- Parents are responsible for their athlete's activities and behavior at out-of-town events.
- If a parent/guardian cannot attend an out of town event, you must arrange for another ACE parent, or responsible adult, to travel with your athlete. They will assume responsibility for the athlete and ensure the athlete's adherence to all ACE rules and policies throughout the entirety of the event.
- Parents must understand that camps and competitions are not vacations. The athletes' time and focus should be fully committed to ACE and all related activities throughout the entirety of the event.

## Website Registration, Payment Procedures & Contractual Obligations

### Website Registration and Payment Authorization

ACE Cheer Company athletes must be registered in Jack Rabbit, our online system, prior to ACE Tryouts. Jack Rabbit is used for scheduling classes and making account payments. A credit/debit card is required for registration. Please use the following steps to complete online registration:

- Visit [www.acetribe.com](http://www.acetribe.com)
- Select 'Ms Gulf Coast.'
- Click on the 'Classes' then 'ACE All-Star 22-23' link and complete the required information.
- You may also login to your parent portal and register.

### Monthly Payments

ACE monthly payment plans have been arranged to distribute the costs associated with competitive cheerleading (e.g., competition fees, etc.) in an affordable manner. In order to keep these fees at a lower cost, ACE Cheer Company distributes these expenses during the course of the entire season. Timely payments are expected from all ACE Cheer Company families, parents and athletes.

- Monthly fees are posted to athlete accounts at the first of the month.
- Monthly payments are automatically charged on the 15th, 20th, or 21st of that month
- You can choose to pay inside ACE but those fees must be paid by the 21st or will be automatically charges

### Contractual Obligations

- The ACE Cheer Company Contract must be electronically signed and received prior to Tryouts.
- This Contract is effective as of July 1st and all financial obligations are agreed to by the person signing the Contract.
- Families will have until July 1st until contracts are locked in but are required to follow the payment plan.
- If you choose to drop from the program prior to July 1 you will not be refunded any monies paid.
  - You will receive any items that are paid for in full.
- If an athlete is removed or quits an ACE Cheer Company team at any point, following July 1, 2020, you will continue to be responsible for fees in full. These fees are to be paid in accordance with the assigned payment schedule and will be subject to late fees, interest at the maximum allowable rate under Mississippi law, and the costs of collection.
- If an athlete quits or is removed from an ACE team after July 1 2020, you will not receive a refund for the purchase price or the merchandise.
- Top girls may be required to take additional classes throughout the season to increase their skill sets for competition. These classes will incur additional fees outside of the listed monthly payments.
- These, and all, decisions will be at the sole discretion of the gym owner and/or All-Star Director.

## Attendance & Practice Information

### Team Practice Outlook

Practice attendance is required and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for noncompliance with any of the attendance policies.

#### Summer Session Practices

- The "Summer Session" begins **June 1st, 2022** and ends July 31st, 2022..
- Summer Session practices will be one Team practice a week and one tumbling class a week.
- Summer Session practices will be scheduled Monday – Tuesday.

#### Competition Season Practices

- The "Competition Season" begins August 8th, 2022 and ends May 4th, 2022..
- Competition Season practices and tumbling will be based on an athlete's team category.
- Competition Season practices will be scheduled Monday – Thursday. Extra practice on weekends
- Team practices and tumbling classes may be added, canceled or changed at any time throughout the year. A two-week notice of practice change or additions will be provided.

### Team Absence Allowance and Protocol

#### Team Absence Allowance and Protocol

- a. Communication of missed practices, for any reason, should be made via text to your team coaches.
- b. Athletes are allowed four (4) total absences (excused or unexcused) during the Summer Session. Missed practices beyond this will require make-up hours via classes.
- c. Athletes are allowed three (5) total absences during Competition Season. Any more may result in the imposition of certain discipline as described below. Unless the gym has allowed them for example:
  - i. Fall break each athlete is allowed to have 2 unexcused absences.
- d. Parents and athletes are expected to communicate with their coach via text with any conflicts.
- e. If absences become an issue, you will be contacted by the All-Star Director to discuss an athlete's team commitment. He/she may be placed as an alternate, removed from choreography and/or removed entirely from the team.
- f. If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$500.00 Missed Competition Fee charged to your account.
- g. Missing a competition without prior notice may result in immediate dismissal from the program.
- h. These, and all, decisions will be at the sole and absolute discretion of the gym owner and/or All-Star Director.

### Absences Defined

#### Excused Absences

Absences that fit the following:

- a. School functions that result in a grade with prior notice.
- b. Family emergency.
- c. Sickness with a doctor's note to stay home.



**Absences Defined** *(continued)*

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**Illness, Injury and Unexpected Family Emergency**

ACE understands that an unexpected absence may occur due to an Illness, Injury, or Family Emergency. Please see guidelines below:

**Illness:** Athletes are expected to be at practice unless *they are contagious and have a doctor's note.*

Practice participation is situation-based and at the coach's discretion. Athletes may wear a mask as a preventative measure when feeling ill.

**Injury:** In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details concerning the prognosis, recovery time and any change in circumstances affecting their ability to perform.

- We may re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the routine upon recovery. Injured athletes must continue with payment in full regardless of the nature and extent of the injury.

**Unexpected/Family Emergency:** Contact Kayla Stone or Erica Stephens

**Practice Dress Code**

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- Athletes must wear the designated practice clothes and cheer shoes to **every** practice.
- Hair must be pulled out of the face in a high ponytail at every practice for both males and females.
- We ask that female athletes wear bloomers and sports bras under their practice attire at all times.
- We ask that male athletes wear compression shorts under their practice shorts at all times.
- Neither ACE, nor its employees, are responsible for jewelry, accessories, computers, cellular phones, or other personal property that is worn in or brought onto ACE property and any claims relating to the loss of or damage to any of these items are expressly waived and released. ACE Cheer Company recommends that athletes use the summer months (prior to competition season) to have their ears pierced. We understand that it is an important step for our younger athletes; however, athletes may not simply cover and/or plug a piercing while competing due to industry rules.

## Healthy & Productive Communication

- During classes and practices, coaches need to spend their time instructing and teaching the athletes. Parents should *never* approach a coach during a class or practice. Coaches will be available for a reasonable time following classes and team practices to answer any questions regarding your athlete, their needs and their individual progress.
- At competitions, coaches are there to coach. Any issues that arise during a competition will be addressed during the week following the competition. Parents should never approach a coach with an issue at any point during the competitions.
- We have a strict policy in place stating that coaches are not available to discuss:
  1. Information regarding other ACE Cheer Company athletes and/or parents.
  2. ACE Cheer Company coaches who do not coach their athletes.
  3. Decisions made by the Administrative Staff.
  4. Issues that involve any type of comparison of their athlete to another athlete, coach-to-coach, or ACE Cheer Company to any other cheerleading training facilities.
  5. Other topics and issues that ACE Cheer Company, in its sole discretion, deem inappropriate for discussion
- Coaches will not entertain questions regarding specific strategic decisions (e.g., placements made in formations, decision of why an athlete was moved, added, removed, or replaced in stunts and tumbling sections) in a public setting.
- We strongly encourage parents to have their athletes speak with the coaches directly in regards to, but not limited to, the following issues, should they arise:
  1. Routine element questions
  2. Individual and group skill preparedness
  3. Injury/Illness
  4. Outside events that may affect performance
- If you or your athlete would like a better understanding of routine placements, team decisions, etc., please text your All-Star Coordinator. We will then set up a meeting with you, your athlete, the athlete's coach and the All-Star Director. ACE Cheer Company keeps an open-door policy with communication to help each parent and athlete understand every decision in which they are involved.
- It is inappropriate for an athlete or a parent to approach other ACE Cheer Company members about a problem, issue or dispute they may have with an ACE Cheer Company coach or teammate regarding personal objections to coaching decisions and/or disagreements with an administrative decision. This leads to unnecessary drama and problems and will result in immediate dismissal from the ACE Cheer Company program.
- If there is a matter that seems to remain unresolved, or if the athlete has clear, legitimate concerns that speaking to the coach will not or cannot possibly resolve the matter, please bring the concern directly to the All-Star Coordinator.
- If a concern is emotional or heated, we recommend a "cooling period" before contacting your All-Star Director and/or the coach. We understand that issues involving a child are very important and require quick resolution; therefore, we want to ensure that the situation is handled in a constructive manner.

## Gym & Staff Certifications

### USASF Gym and Staff Certifications

- The mission of the United States All Star Federation (USASF) is to support and enrich the lives of our All Star athletes and members. We provide consistent rules, strive for a safe environment for our athletes, drive competitive excellence, and promote a positive image for the sport.
- ACE Cheer Company is a Certified Gym Member of the United States All Star Federation (USASF).
- ACE Cheer Company All-Star staff are all credentialed and certified members of the USASF.
- Athletes in the ACE Cheer Company program will be required to become a credentialed member of the USASF yearly.
  - More information is available at [www.usasf.net](http://www.usasf.net).

### Safety Measures

- As part of ACE Cheer Company's effort to provide a safe environment to its coaches, our All-Star staff have become:

USASF Members  
CPR Certified

NCSI Background Check Compliant  
SafeSport Trained with Athlete Protection Education

## Brand and Logo Policy

- All ACE letters and logos are copyright protected.
- All spirit wear items are to be purchased through Varsity or Ragland.
- If a parent would like to buy merchandise for an entire team, the order must go through Varsity or Ragland. Happy Hooper must approve any spirit items purchased for teams.
- Bows, t-shirts, bags, etc. with an identifiable icon, resemblance, design or reference to ACE, Tribe, etc., not purchased through Varsity and/or Ragland, are not permitted.
- Anyone who attempts to sell or give away items with an identifiable icon, resemblance, design or reference to ACE, Tribe, etc. will be in violation of the *ACE Brand and Logo Policy*.
- You are welcome to monogram your warm-up; however, we ask that you use *athletic gold* for the lettering. The athlete name, initials and/or nicknames are all acceptable.
- These, and all, decisions will be at the sole discretion of the gym owner and/or All-Star Coordinator.

## Program Philosophy

- The ACE Cheer Company program philosophy is simple:
  - Program FIRST, Site SECOND, Team THIRD, Athlete FOURTH.
- ACE Cheer Company members agree to put the team ahead of the individual athlete. All decisions are made for the benefit of the team's performance, scoring and success. Although the individual athlete is very important to the program, some decisions, initially, may not seem to be the best to the athlete or parent. We ask that each athlete take the time to see what the overall routine entails. If he/she still has a question with a decision, they should then speak with and/or schedule a meeting with the coach.



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- Athletes will set individual and team goals for the season. Through instruction, the athlete will work hard to obtain and even exceed those goals, building a strong work ethic for the future. ACE Cheer Company is focused on developing the lifelong success of the athlete, not on merely winning championships.
  - If it is in the best interest of the program, an athlete may be moved from one team to another team. This is a decision that will only be made through careful evaluation and consideration of both teams and in the sole and absolute discretion of ACE Cheer Company. An All-Star Coordinator will contact you with any information regarding a team change and schedule a meeting if necessary.
  - Athletes being moved to a different team should not be perceived as a negative consequence. The decision to move an athlete to a different team may be based off of one or more of the following reasons, among others:
    1. Athlete's routine positions (side base, back base, top)
    2. Athlete's skill level (tumbling, stunting, jumping, etc.)
    3. Athlete's attitude
    4. Athlete's willingness to learn and improve in a group setting
    5. Team's needs for competition
    6. Attendance issues
    7. Injury
  - Athletes may request to be moved to a lower level team if he/she feels they are not sufficiently utilized throughout a routine or if they become overwhelmed by the routine layout. Although maintaining the mental and physical well-being of the athlete is recognized as a paramount concern, any move to a different team will depend on team availability and availability of roster positions. In this case, athletes must be willing to fulfill any position needed by that team.
  - These, and all, decisions will be at the sole and absolute discretion of the gym owner and/or All-Star Coordinator.