

2024-25 Season	DIVISIONS	USASF ATHLETE BIRTH YEAR ("x" indicates eligible for that division)																				APPROX AGES		
TIER		2004 or before	1/1/05-5/31/05	6/01/05-12/31/05	2006	1/1/07-5/31/07	6/01/07-12/31/07	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	1/1/19-5/31/19	6/1/19-12/31/19	2020	2021		
ELITE CLUB	Senior Open (L4-5)	x	x	x	x	x																	18+	
	Senior & Limited (L6)			x	x	x	x	x	x	x	x													14-19
	Senior (L1-5)			x	x	x	x	x	x	x	x	x												13-19
	Junior (L1-6)								x	x	x	x	x	x	x	x								9-15
	Youth (L1-5)											x	x	x	x	x	x							8-12
	Mini (L1-2)															x	x	x	x					7-9
	Tiny (L1)																	x	x	x	x			6-7
PREP	Senior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)			x	x	x	x	x	x	x	x	x	x										12-19	
	Junior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)								x	x	x	x	x	x	x	x							9-15	
	Youth Prep (L1.1, 2.1, 2.2, 3.1, 3.2)											x	x	x	x	x	x						8-12	
	Mini Prep (L1.1, 2.1, 2.2)															x	x	x	x				7-9	
	Tiny Prep (L1.1)																	x	x	x	x		6-7	
NOVICE	Senior Novice (L1-3 w/restrictions)			x	x	x	x	x	x	x	x	x	x										12-19	
	Junior Novice (L1-3 w/restrictions)								x	x	x	x	x	x	x	x							9-15	
	Youth Novice (L1-3 w/restrictions)											x	x	x	x	x	x						8-12	
	Mini Novice (L1-2 w/restrictions)															x	x	x	x				7-9	
	Tiny Novice (L1 w/restrictions)																	x	x	x	x	x	x	4-7
CheerABILITIES	CheerABILITIES Elite (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+	
	CheerABILITIES Novice (L1 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+	
	CheerABILITIES Exhibition (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x		6+	
	CheerABILITIES Unified Open Exhibition	x	x	x	x	x																	18+	
	CheerABILITIES Unified Junior Exhibition						x	x	x	x	x	x	x	x									10-17	
	CheerABILITIES Unified Youth Exhibition											x	x	x	x	x	x	x	x				5-12	
ELITE INTERNATIONAL	International Open (L6-7, 7NT)	x	x	x	x	x																	18+	
	International U18 (L1-4, 6NT)				x	x	x	x	x	x	x												14-18	
	International U16 (L1-4)							x	x	x	x	x	x										12-16	

Use the **Birth Year** columns to verify athlete eligibility for all divisions. The **Approx. Ages** are reflective of the typical age range athletes are **at some point** during the **2025 calendar year based on their birth years listed for each division.**